

## STEPS TO SPIRITUAL VICTORY

Dear Heavenly Father: I acknowledge Your presence in this room and in my life. You are the only all-knowing, all-powerful, and ever-present God. I depend on You totally, for apart from Jesus I recognize that I can do nothing of spiritual value or significance (Jn. 15:5). I stand upon the truth of Your Word that all authority in heaven and on earth has been given to Jesus (Matt. 28:18). I thank You that as a follower of Jesus I can exercise authority in His name to be free from the bondage of the enemy (Jn. 16:23-24)

Protect me and my loved ones from the activity of the enemy, I pray in Jesus' name, Amen. In the name of Jesus Christ I forbid any acts of vengeance or violence against my family, friends, or churches. I forbid any manifestation, except as the Lord allows, in Jesus' name. Lord I pray for Your wisdom and guidance as I come to this time of ministry.

### HELMET OF SALVATION( EPH. 6:17)

### PERSONAL AFFIRMATION OF CHRIST

I recognize that there is only one true and living God (Ex. 20:2-3) who exists as the Father, Son, and Holy Spirit and that He is worthy of all honor, praise, glory and worship as the Creator, Sustainer, and Beginning and End of all things (Rev. 4:11; 5:9-10; Is. 43:1,7,21).

I believe that Jesus is the Christ, the Son of the living God. Jesus came from the Father and is Himself God. (Jn 1:1; 1:14) I recognize Jesus Christ as the Messiah, the Word who became flesh and dwelt among us (John 1:1,14). He willingly descended from heaven and became flesh by being born of a virgin.

I believe that Jesus Christ died for my sins and physically rose from the grave on the third day. He is seated at the Father's right hand in heavenly glory, and all authority in heaven and on earth belongs to Him. I affirm that I have repented from my former objects of trust and have accepted Jesus Christ as my Lord, God and Savior.

### REPENTANCE FROM IDOLOTRY (ACT 2:38).

Lord, please honor these declarations for myself and all members of my family, whether related by blood or marriage. I ask this in the name of Jesus Christ my Lord, Amen. I confess that my ancestors or I may have participated in many forms of occultic practices. I declare these things to be unholy to God. Specifically I confess and renounce any occultic practice that was a mockery of the true God.

I confess as sin and renounce ever signing or having had my name signed over to Satan.

I announce that my name is now written in the Lamb's book of life.

I confess as sin and renounce any ceremony where I was wed to Satan.

I announce that I am the Bride of Christ.

I confess as sin and renounce any and all covenants that were made by me or on my behalf with Satan or his forces

I announce that I am a partaker in the New Covenant with Christ

I confess as sin and renounce all satanic assignments for my life including duties, relationships, marriage and children  
I announce and commit myself to know and do only the will of God and accept only His guidance.

I confess as sin and renounce all spirit guides assigned to me  
I announce and accept only the leading of the Holy Spirit

I confess as sin and renounce ever giving of my blood in the service of Satan.  
I trust only in the shed blood of my Lord Jesus Christ.

I confess as sin and renounce ever eating of flesh or drinking of blood for satanic worship  
By faith I partake of the flesh (bread) and blood (fruit of the vine) of Jesus in Holy Communion

I confess as sin and renounce any and all guardians and satanic parents that were ever assigned to me.  
I announce that God is my Father and the Holy Spirit is my guardian by whom I am sealed.

I confess as sin and renounce any baptism in blood, urine, water, or for the dead whereby I am identified with Satan.  
I have been baptized into Christ Jesus and my identity is now in Christ.

I confess as sin and renounce any and all sacrifices and rituals that were made by me or on my behalf in which Satan may have a hold over me.  
I announce that only the sacrifice of Christ has any hold on me. I am purchased by the blood of the Lamb.

I confess as sin and renounce all marks, seals, or triggers on my body, soul or my old spiritual nature in which Satan or his forces may try to claim ownership of me.  
I only acknowledge the mark or seal of the Father, His son Jesus Christ and the Holy Spirit.

I confess as sin and renounce all unholy or satanic prayers that were prayed by me or on my behalf; including false tongues or prophecies.  
I announce and accept only prayer to the Father, in the name of the son Jesus Christ, through the Holy Spirit

I break any curses and loose any binds that may have been directed at me or my family in the name of my Lord Jesus Christ. I now claim my mind, body, soul, will and emotions for Jesus my Lord and Christ.

RENUNCIATION OF OCCULTIC PRACTICES

Lord, I confess as sin that I, my family or ancestors, may have participated in:

Astral projection	New age medicine
Astrology	Ouija board
Attempting to swap minds or spirits	Palm reading
Automatic writing	Power games or activities
Black or white magic	Praying to saints
Blood pacts or cutting in a destructive way	Rod and pendulum
Bloody Mary (slumber party game)	Satan worship
Channeling	Seances or conjuring up spirits
Clairvoyance	Speaking in a trance
Dungeons and dragons	Speaking to, or calling up ghosts
Extra Sensory Perception (E.S.P.)	Spirit guides
Fetishism or lucky charms (objects of worship)	Spoon bending or other mental power games
Fortune telling	Subliminal tapes
Hypnosis	Table lifting
Incantations, spells, vapors, powders, or elixirs	Tarot cards
Incubi & succubae spirits (sexual spirits)	Tattoos
Karate, Taekwondo, or other martial arts	Telepathy
Mary Worth	Unholy or satanic music
Materialization	Voodoo
Mental suggestions	Witchcraft, sorcery, or sacrifices

In the name of Jesus Christ, I renounce my involvement in these activities or my use of these objects. In Jesus' name I also renounce and remove any curses that may have resulted from my sin or the sin of my ancestors. I announce the total rule of the Holy Spirit in every area of my life, and I announce that I will accept only His leading. In the name of my Lord Jesus Christ I pray, Amen.

PART IV: RENUNCIATION OF FALSE RELIGIONS

Lord, I confess as sin that I, my family, or my ancestors may have been involved in, may have accepted the teachings of, or may have lived according to the beliefs of:

American Indian worship	Mormonism and the teachings of Joseph Smith
Masons, Shriners, Demolay, Job's daughters, Eastern Star, Rainbow Girls, Knights of Columbus, other Masonic groups	Mysticism
Animism	New Age practices, philosophy, and medicine
Atheism, Agnosticism, gnosticism, materialism, paganism, skepticism, stoicism other humanistic philosophies	Pantheism
Black Muslim Church or Teachings	Psychological teachings & values
Boston Church of Christ	Religious Science
Children of God	Church of Religious Science
Metaphysics	Scientology or the teaching of L. Ron Hubbard
Christian Science	Silva Mind Control
Church of "I Am" and any "I Am" fellowship	Spiritism
Church of New Jerusalem	Spiritual Inner Awareness
Church of the Living Word	Spiritualism
Church of Today	Taoism
Confucianism	The teachings of Herbert Armstrong and Garner Ted Armstrong
Eckankar	The teachings of Tony Robbins
EST & The FORUM	The Way International
Father Divine	Theosophical Society
Hare Krishna	Transcendental Meditation
Hinduism	Unification Church
International Order of the Rosicrucians and any other Rosicrucian teachings	Unitarianism
Islam or Islamic teachings	Unity Church
Jehovah's Witnesses	Universalism
L.A. Church of Christ	Yoga
Lifespring	Zen Buddhism; other Buddhist teachings

In the name of Jesus Christ, I confess as sin and renounce my involvement in these groups or my acceptance of these teachings. In Jesus' name I also renounce and remove any curses that may have resulted from my sin or the sin of my ancestors. I announce the total rule of the Holy Spirit in every area of my life, and I announce that I will accept only His leading. In the name of my Lord Jesus Christ, Amen.

UNDERGARMENT OF HUMILITY: PRIDE VS. HUMILITY

Dear Heavenly Father. You have said that pride goes before destruction and an arrogant spirit before stumbling (Prov.16: 18). I confess that I have lived independently and have not denied myself, picked up my cross daily, and followed You (Matt. 16:24). In doing so, I have given ground to the enemy in my life. I have believed that I could be successful and live victoriously by my own strength and resources. I now confess that I have sinned against You by placing my will before Yours and by centering my life around self instead of You.

I confess that I have judged others focusing on their failure rather than seeing my own imperfections. I have deceived myself by blaming them and exposing their flaws rather than facing the truth of my own sin. I confess that I have been more concerned over my personal "rights," instead of concerned for the welfare of others. I have manipulated circumstances and tried to control the people around me selfishly in an attempt to get them to meet my needs. I repent from this self-life, striving to manipulate and control others and allow You, Father, to be their God.

I now renounce the self-life and by doing so cancel all claims that have been taken in my life by the enemies of the Lord Jesus Christ. I pray that You will guide me so that I will do nothing from selfishness or empty conceit, but with humility of mind I will regard others as more important than myself (Phil.2: 3). Enable me through love to serve others and in honor prefer others (Rom.12: 10). I ask this in the name of Christ Jesus my Lord.

#### GIRDING OUR LOINS (EPH 6:14)

Dear Heavenly Father. I know that You desire truth in the inner self and that facing this truth is the way of liberation (John 8:32). I choose with every portion of my body, soul, mind, will, and emotions to confess these truths. I acknowledge that I have been deceived by Satan, the father of lies (John 8:44), and that I have deceived myself (1 John 1:8). I pray in the name of the Lord Jesus Christ that You, Heavenly Father, will rebuke all deceiving spirits by virtue of the shed blood and resurrection of the Lord Jesus Christ. (Eph. 2:6). I acknowledge that I have the responsibility and authority to resist the devil, and when I do, he will flee from me. I now ask the Holy Spirit to guide me into all truth (John 6:13). In Jesus' name I pray. Amen.

#### PERSONAL AFFIRMATION OF OUR NEW IDENTITY

I recognize that there is only one true and living God (Ex. 20:2-3) who exists as the Father, Son, and Holy Spirit and that He is worthy of all honor, praise, and worship as the Creator, Sustainer, and Beginning and End of all things (Rev. 4:11; 5:9-10; Is. 43:1,7,21). I recognize Jesus Christ as the Messiah, the Word who became flesh and dwelt among us (John 1:1,14). I believe that He came to destroy the works of Satan (1 John 3:8), that He disarmed the rulers and authorities. (Col.2: 15). I believe that he has given me authority over Satan and his forces. (Ro 16:20).

I believe that God has proven His love for me because when I was still a sinner, Christ died for me (Rom. 5:8). I believe that He delivered me from the domain of darkness and transferred me into His kingdom, and in Him I have redemption, the forgiveness of sins (Col. 1:13-14). I believe that I am now a child of God (1 John 3:1-3) and that I am seated with Christ in heaven (Eph. 2:6). I believe that my value and worth are based upon God's perfect love for me. I am the "pearl of great price" (Matt 13:46); "the treasure hid in the field" (Matt 13:44) not because of my works, but because of God's love for me as His child. I am now a member of a chosen race, a royal priesthood and a holy kingdom set apart as Christ's possession. I am now a child, born of God, and the evil one can not touch my inner spirit. (1 Jn 5:18)

I believe that I am saved by the grace of God through faith, that it is a gift and not the result of any works on my part (Eph. 2:8). While I was still a sinner Christ proved His love for me by

paying all of my spiritual debts through His death on the cross. (Rom 5:8) I believe that God has sealed me with His Holy Spirit as a pledge of His love and promises. He is always present in my life. (Matt 28:20)

I believe that the truth will set me free (John 8:32) and that walking in the light is the only path of fellowship (1 John 1:7). I declare that the Bible is the only authoritative standard for Christian faith and Christian life (2 Tim. 3:15-16). I believe the word of God is living and active and sharper than any two edged sword. (Heb 4:12) It is my weapon of spiritual warfare (Eph 6:14)

Today, I choose to be strong in the Lord and in the strength of His might (Eph. 6:10). I put no confidence in the flesh (Phil. 3:3) for the weapons of warfare are not of the flesh (2 Cor. 10:4). I resolve to put on the whole armor of God (Eph. 6:10-20), and to stand firm in my faith resisting the evil one. I resolve to capture every thought (2 Cor 10:3-5), emotion (Eph 4:26-27) or physical affliction (2 Cor 12:6-8) that I suspect might be a fiery missile. I choose to bridle my tongue and speak the truth in love (Eph. 4:15). I choose to stand firm in faith and use the sword of the spirit, which is the word of God, to test, combat and reject all spiritual assaults. (Heb 4:13)

I believe that apart from Christ I can do nothing (John 15:5), so I declare myself dependent on Him. Today, I choose to abide in Christ in order to bear fruit and glorify the Lord (John 15:8). I announce to Satan that Jesus is my Lord (1 Cor. 12:3), and I reject any counterfeit gifts or works of Satan in my life.

Today, I choose to present my body as an instrument of righteousness, a living and holy sacrifice, and I renew my mind by the living Word of God in order that I may prove that the will of God is good, acceptable, and perfect (Rom. 6:13; 12:1-2). I choose to be obedient to your Word. I put off the old self with its evil practices and put on the new self (Col. 3:9-10), and I declare myself to be a new creature in Christ (2 Cor. 5:17). I recognize that only Jesus can remove the effects of sin by His shed blood and sacrifice on the cross.

I ask you heavenly Father to fill me with Your Holy Spirit (Eph. 5:18). I ask You to lead me into all truth (John 16:13), and empower my body that I may live above sin and not carry out the desires of the flesh (Gal. 5:24). I choose to walk by the Spirit. I recognize that I have no personal power to overcome the sin in my life, so I ask you Lord Jesus to empower me and give me victory.

I renounce all selfish goals and choose the ultimate goal of love (1 Tim. 1:5). I choose to obey the two greatest commandments, to love the Lord my God with all my heart, soul, and mind, and to love my neighbor as myself (Matt. 22:37-39).

I believe that Jesus is the head over all rule and authority in heaven and on earth (Matt 28:18; Col. 2:10). I believe that Satan and his demons are subject to me in Christ since I am a member of Christ's body (Eph. 1:19-23). Therefore, I obey the command to submit to God and to resist the devil (Jas. 4:7), and I command Satan in the name of Christ to leave my presence.

## BREASTPLATE OF RIGHTEOUSNESS

### PART I: CORPORATE CONFESSION

Father in heaven I confess any and all sins of my ancestors and renounce all of those sins, known and unknown. (Neh 1:6,7) I confess and renounce all forms of immorality, impurity, sensuality, idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions,

divorce, factions, lying, envying, and substance abuse. I confess and renounce any worship of any false gods. (Gal 5:19-21) I specifically renounce Baal, Ashterah, Mammon, Molech, Antichrist, and any other unholy pagan god. I confess any idol worship, dishonoring or rebelling against parents, stealing, injustice or violence against my brothers, incest, bestiality, false witness or denial of any other of God's ordinances and laws. I remove any curses and loose any binds that Satan or his demons may have directed against my family or my ministry. (Deut 27:15-26) I announce to Satan and all of his forces that Christ received every curse directed at me when he died on the cross. (Gal 3:13)

I declare my family to be eternally and completely signed over and committed to the Lord Jesus Christ. By the authority that I have in Jesus Christ, I now command every enemy of the Lord Jesus Christ that is in or around me to leave my presence forever. I commit myself to my Heavenly Father to do His will from this day forward. In the name of Jesus I pray.

I choose the fruit of the Spirit to reign in my soul and body. I choose to love others sacrificially, be joyful even in tribulation, and live in peace. I choose to be patient and show kindness toward others. I choose goodness and faithfulness, gentleness and self-control in my relationships with others, in the name of Jesus Christ I pray, amen. (Gal 5:22-23)

## PART II CONFESSION OF PERSONAL SIN

Dear Heavenly Father. You have told me to put on the Lord Jesus Christ and make no provision for the flesh in regard to it's lust (Rom. 13:14). I confess that I have given in to fleshly lusts, which wage war against my soul (1 Pet 2: 11). I thank You that in Christ my sins are forgiven, but I have transgressed Your holy law and given the enemy an opportunity to wage war in my body (Rom. 6:12-13). I come before You to acknowledge these sins and to seek Your cleansing that I may be freed from the bondage of sin.

### SEXUAL SINS / HOMOSEXUALITY

Lord, I confess and renounce all sexual uses of my body as an instrument of unrighteousness and by doing so ask You to break all bondages or soul ties that Satan has brought into my life through that involvement. I renounce the lie that you have created me or anyone else to be homosexual, and I affirm that you clearly forbid homosexual behavior. I accept myself as a child of God and declare you have created me a \_\_\_\_\_(man or woman). I now present my body to You as a living sacrifice, holy and acceptable unto You, and I reserve the sexual use of my body only for marriage. I renounce the lie of Satan that my body is not clean, that it is dirty or in any way unacceptable as a result of my past sexual experiences. Lord, I thank You that You have totally cleansed and forgiven me. Therefore, I can accept my body and myself as cleansed. In Jesus' name. Amen.

Lord, I acknowledge that I, my family, or my ancestors may have been victims of the activities listed below and I acknowledge the deep hurt that may have been experienced as a result of this abuse. I also confess that my family, my ancestors, or I may have used, practiced, perpetrated, or participated in:

Adultery	Pornography
Bestiality	Prostitution
Bigamy or polygamy	Rape
Bi-sexual activity	Ritual abuse
Bondage & Discipline (B & D)	Sadism & Masochism
Fornication	Sexual abuse or molestation
Habitual masturbation	Sexual activity linked to the worship of false gods or Satan
Homosexual acts	Sexual fantasies
Incest	Sexual fetishes
Lesbian acts	Trans-sexual desires
Orgies or the sharing of sexual partners (debauchery)	Transvestite desires or practices
Pedophilia	All other deviant sexual practices, sexual obsessions or compulsive sexual behaviors

Lord, if I have been a victim of any of the acts listed above, I acknowledge the hurt and shame I may have felt. If the enemy has used the trauma of my experience to create a foothold in my life, I renounce and reject this in the name of Jesus Christ. In Jesus' name I deny Satan the right to harass me because of a past trauma. Lord, only You can understand the pain I feel. I humbly ask you to bring healing to this area of my life. And in Jesus' name I claim my healing so that I may leave the past behind.

"Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Cleanse me...and I will be clean; wash me and I will be whiter than snow. (Ps. 5:1,7) In the name of Jesus, I renounce the lie of Satan that my body is not clean, that it is "dirty," or in any way unacceptable as a result of my past sexual experiences (Gen. 2:25). Instead, I announce that I now accept my body and myself as cleansed. I therefore present my body to You as a living sacrifice, knowing that it is holy and acceptable to You. (Rom. 12:1).

I announce that I now accept myself as Your child and I now devote myself to living as a godly\_\_\_\_\_ (man or woman) in the expression of my sexuality. To that end, I announce my intention to take every thought captive in obedience to Christ (2 Cor. 10:5) so that my mind may no longer be conformed to the pattern of this world, but may be renewed in godliness (Rom. 12:2). I also announce that the sexual use of my body is reserved only for marriage, as You intended (Gen. 1:23; 1 Cor. 7:1-9; Heb. 13:4).

#### ABORTION

Lord, I confess that I, my family, or ancestors did not assume stewardship of the life or lives you entrusted to us. Satan is a thief, and he comes to steal, kill and destroy. I recognize that he is the source of these unhealthy doctrines and thought patterns. I recognize that life begins in the womb and that all human life is holy to the Lord. I confess any sin of abortion, renounce any curses and loose any binds that Satan may have on my life because of the sin of abortion. I reject any association with Molech. I recognize that children are gift from God and I choose to be a good steward of God's gifts. I choose life in Christ who said he came to give me life and give it abundantly. I choose to accept Your forgiveness by forgiving myself, and I now commit my life and any children to You for Your care in eternity. In Jesus' name. Amen.

#### SUICIDAL TENDENCIES

Lord, I renounce and reject any suicidal thoughts. I confess that any attempts to take my life or injure myself are sins against you and the life you gave me. My body is a Temple of Your Holy Spirit (1 Cor 3: 16-17). I renounce the lie that life is hopeless and that peace, purpose and freedom can only be attained by taking my life. I renounce the lie that I can gain attention, pity, or find personal worth by the act of suicide. I choose to be a good steward of the physical life that you entrusted to me. In Jesus' name I pray, amen.

### EATING DISORDERS, OR CUTTING ON YOURSELF

I renounce the lie that my worthiness is dependent upon my appearance or performance. I renounce cutting myself, over consuming, purging, or defecating as a means of cleansing myself of evil, or impurity, and I announce that only the blood of the Lord Jesus Christ can cleanse me from my sin. I reject and renounce any worship of Baal.

I choose to see myself as God sees me, holy, acceptable, and cleansed. Christ purifies me, taking away every sin and clothes me in white linens as His virgin bride. (Rev 7:14) I renounce the lie that I am evil or that any part of my new nature is evil. I announce the truth that I am totally accepted by Christ just as I am. In the name of Jesus I pray. Amen

### DIVORCE

Lord, I acknowledge that I, my family members, or my ancestors may have experienced the pain and trauma of divorce. While your Word indicates that divorce sometimes is permissible, I realize that You never desire divorce because the love between a husband and wife is designed to model Your unfailing love for Your people (Eph. 5:21-33). Therefore, Lord, I acknowledge that divorce ultimately results from having a hard heart toward Your reconciling love (Mk. 10:4-5).

(Optional: if divorced) Lord, I ask You to heal me from the hurt of divorce and to forgive me for the wrong choices I may have made that contributed to my divorce. I ask You to forgive me and my former spouse because we could not achieve the kind of reconciliation You desire.

Lord, help me to forgive my former spouse so that I do not allow the seeds of bitterness to remain in me. And if I need to ask their forgiveness, give me the strength and courage to do so, Lord. If I cannot do so in person, please help me to forgive them in my heart. I pray that Your love and forgiveness would bring peace and reconciliation to my heart and to my relationship with You.

"Create in me a pure heart, O God, and renew a steadfast spirit within me. Restore to me the joy of Your salvation and grant me a willing spirit, to sustain me. " (Ps. 51:10,12). Thank You, Lord, that You so graciously forgive. Help me to accept Your forgiveness, and to believe that I am now restored to You. I ask this in the name of Jesus Christ, my Lord and Savior, Amen.

### SUBSTANCE ABUSE

Lord, I confess that I have misused substances (alcohol, tobacco, food, prescription or street drugs) for the purpose of pleasure, to escape reality, or to cope with difficult situations, resulting in the abuse of my body, the harmful programming of my mind, and the quenching of the Holy Spirit. I recognize that substance abuse is a form of sorcery and witchcraft. I claim Your forgiveness, and I renounce any Satanic connection or influence in my life through my misuse of chemicals or food. I cast my anxiety onto Christ who loves me, and I commit myself to no longer yield to substance abuse but to the Holy Spirit. In Jesus' name. Amen.

### MATERIALISM

Lord I know how hard it is to enter into the kingdom of heaven for those who trust in riches and the treasures of this world. (Matt 13:2; Luke 16:11) I confess the sin of loving the security of money and choosing pleasures of material things over my relationship with you. I have robbed you of the firstfruits of the material blessings you have given to me. (Mal 3:10) Instead I have selfishly taken what you have given me and not reinvested it in the kingdom. Like the unrighteous servant, I have buried Your precious gifts. I confess that I have succumbed to the lust of the eyes, the lust of the flesh and the boastful pride of life. I have believed the lie that things and possessions can satisfy my true inner needs. I confess that I have allowed the deceitfulness of riches to choke out the truth of God's word resulting in an unfruitful life and choosing to walk in my own power. (Matt 13:22). I pray instead that I would thirst after the living God who gives me richly of eternal treasures and will supply my current needs for every good work. (1 Tim 6:17; 2 Cor 9:8). I choose to let go of the riches of this world and follow You.

#### SINS OF THE TONGUE

Lord, You have said that the tongue is a fire, the very world of iniquity. It is a restless evil and full of deadly poison. (Ja 3:5-6). I know I have been guilty of gossip, lying, false witness and exaggeration. I have cursed instead of blessed my fellow man. I know this is unholy because You have made us all in the image of You. (Rom 23: 14; Ja 3:9). I confess the sin of not taming my tongue and choose to speak words that heal. I choose to speak words that build and edify rather than cut and tear down. I choose to speak truth in love.

#### DRIVENNESS AND PERFECTIONISM

Lord, I renounce the lie that my self-worth is dependent on my ability to perform. I Announce the truth that my identity and sense of worth are found in who I am as Your child. I renounce seeking the approval and acceptance of other people, and I choose to believe that I am already accepted and approved in Christ because of His death and resurrection for me. I choose to believe the truth that I have been saved, not by deeds done in righteousness, but according to Your mercy, I choose to believe that I am no longer under the curse of the law because Christ became a curse for me. I receive the free gift of life in Christ and choose to abide in Him. I renounce striving for perfectionism by living under the law. By Your grace, Heavenly Father, I choose from this day forward to walk by faith according to what You have said is true by the power of Your Holy Spirit, in Jesus' name. Amen.

#### PLAGUING FEARS

Dear Heavenly Father, I acknowledge You as the only legitimate fear object in my life. You are the only all-knowing all-present God and the only means by which all other sources of fear can be expelled. You are my sanctuary. You have not given me a spirit of fear, but of power, love and sound mind. I confess that I have allowed the fear of man, death and other spiritual forces to exercise control over my life, instead of trusting in You. I now renounce all objects of fear and worship You, alone. I pray that You will fill me with Your Holy Spirit that I may live my life and speak Your word with boldness. In the name of Jesus, I pray. Amen.

#### SLOTHFULNESS

The Lord has commanded that we are to be steadfast and diligent in our labors. (Pr 24:33-34) I confess that I have been lazy and idle resulting in others having to pick up my yoke. I have been an unfaithful servant in the Church, my home and work. Instead of displaying Christ's character in my daily walk, I have chosen to live the self-life. I Know that diligence is a precious possession in the eyes of my Father (Pr 6:9) I choose to pick up my yoke and never grow weary of doing good for the brethren. I choose not to be a burden to others. (2 Th 3;13).

## SHODDING OUR FEET

### *PART II: REBELLION AND RECONCILIATION*

Dear Heavenly Father, You have said that rebellion is as the sin of witchcraft and insubordination is as iniquity and idolatry (1 Sam. 15:23). I know that in action and attitude I have sinned against You with a rebellious heart. I ask Your forgiveness for my rebellion and pray that by the shed blood of the Lord Jesus Christ all ground gained by evil spirits because of my rebelliousness will be canceled. I now choose to adopt a submissive spirit and a servant's heart. Lord, I agree and confess that I have been rebellious towards my governing authorities, parents, employers, church leaders, (*spouse?*) and God. (Rom 13:1-2; Eph 6:1-4). I claim my forgiveness for my past rebellion. I choose to be submissive and obedient to your Word.

### *PART I: BITTERNESS VS FORGIVENESS*

Dear Heavenly Father. I thank You for the riches of Your kindness, forbearance, and patience knowing that Your kindness has led me to repentance (Rom. 2:4). I confess that I have not extended that same patience and kindness toward others who have offended me, but instead I have harbored bitterness and resentment. I know this is a sin and is disobedient to you. I pray that during this time of self-examination You would bring to my mind those people that I have not forgiven in order that I may do so (Matt. 18:35). I ask this in the name of Jesus. Amen.

I choose to forgive \_\_\_\_\_ in the name of Jesus.

### PRAYER FOR BLESSING (EPH 6:18 SUPPLICATION FOR THE SAINTS)

Lord, I know the truth will set me free. You have given me authority in heaven and on earth to bind and to loose. In the name of Jesus I choose to bind myself to the mind, will and emotions of God. I set my mind on the things above and bind my emotions and thoughts to God's purposes. (Ro 8:5). I have sought my own solutions to my problems allowing the enemy to construct fortresses in my life. Instead of running and hiding from the living God, who loves me, I now choose to confess this rebellion and seek You alone, God, as the source of my refuge. Lord, having repented and confessed of wrong attitudes ideas and practices. I now loose, destroy and tear down every fortress, stronghold or foothold that Satan, his forces or I may have erected in my life

Lord, I reject and renounce every negative word or curse spoken to me or against me and receive only the truth in love. Lord I now open myself to receive Your blessings in every way You want to impart them to me. I know that you are able to make grace abound toward me that I will always have sufficiency in all things and that I might have abundance for every good work. (2 Cor 9:8)